



# the pointe! news from berkeley ballet theater

November 2008

JULIA MORGAN CENTER FOR THE ARTS 2640 COLLEGE AVE BERKELEY CA94704 TELEPHONE 510-843-4687

## **BBT BENEFITS FROM NEW PILATES EQUIPMENT**

Thanks to a very generous donation by BBT adult student Marilyn Wilkes, our Pilates program now sports fancy new equipment. Can you imagine what we can do with circles, balls (both 4-inch and spiky), rings, and rollers? Pilates class, taught by Suzanne Ryan, meets on Thursdays from 8-9:15 PM- in Studio B- come join the class and play with the new equipment!

## **GUEST ARTISTS**

In this year's Nutcracker, BBT welcomes several stellar guest artists: Joseph Copley, Gianna Davy, Brian Fisher, Brandon "Private" Freeman, Robert Greer, Bryan Ketron, Christopher Lee, and Ethan White. Professionals dancing for companies such as Oakland Ballet, Levy Dances, Margaret Jenkins Dance Company and SF Opera Ballet, these dancers bring an extraordinary level of artistry to our performances. Our audiences and BBT cast members benefit from having such high standards exhibited on our stage.



## **BOYS' DAY JANUARY 25TH**

Are there boys in your neighborhood who seem to dance down the street? Please invite them to BBT's first annual Boys' Day Open House on January 25th. We will offer unusual classes (pool worm fencing, anyone?), refreshments, and fun to all participants. Activities are absolutely free.

## **DOING YOUR END-OF-YEAR CLEANING? REMEMBER OUR TALENT SHOW FUNRAISER!**

On March 28, 2009, BBT will again host our annual Talent Show FunRaiser, with its Silent Auction. As you clear out those closets for holiday guests, please set aside items that might be useful to someone else in the BBT community. Popular auction items include jewelry, ballet CDs and DVDs, artwork, toys, etc. Of course later we will add vacation getaways, theater

and sporting event tickets, and the like. For now please keep BBT in the back of your head as you consider items for donation.



## IMPORTANT DATES

Full Call Saturday Rehearsals  
12-6 PM 11/8, 15, 22 and 12/6

11/27

Thanksgiving Day  
no classes held

11/27-30

Thanksgiving Holiday  
no children's classes held

Dress Rehearsals  
4-8:30 PM 12/10, 11, 17, 18

Sugar Plum Party  
4 PM 12/13, 20

In-Studio Performance  
3 PM 12/17

Outreach Performances  
10 AM 12/16, 18  
12 PM 12/16

Performances  
2 PM 12/13, 14, 20, 21  
7 PM 12/12, 13, 19, 20

12/22-1/4

Winter Break  
no children's classes held

1/19

MLK Jr. Day  
all classes in session

## STUDIO 1 RENOVATIONS PLANNED

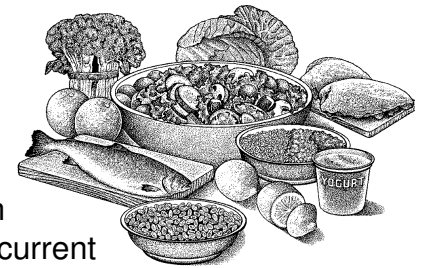
Kate Mitchell, a teacher in BBT's new Dance for Parkinson's Disease project as well as a top designer of Bay Area interiors, is planning to give Studio 1 a facelift! We are so grateful for her offer to take on this challenging project. Though not yet scheduled, on a day during the holiday break adult volunteers will paint and refresh Studio 1. Look for an e-mail or phone request for help- if you like to tape, paint, clean, or feed and entertain the painters, we will welcome your participation!

## DANCE FOR PARKINSON'S DISEASE

This wonderful program, based on a model developed by the Mark Morris Dance Group, began at BBT on October 15th. We offer classes 1st, 3rd, and 5th Wednesdays from 11:15 AM to 12:30 PM. These classes are free, but participants must register in advance by sending e-mail to [dance@pdactive.org](mailto:dance@pdactive.org) or calling (510) 420-0920. Teachers Megan Low, Kate Mitchell, and Susan Weber and musician Chris Houston are creating fun and supportive sessions: participants donned costumes for the Halloween theme class and during our rains enjoyed emulating Gene Kelly. The month of December will be Nutcracker month. Our program is currently funded by a grant from the UC Berkeley Chancellor's Community Partnership Fund. We are seeking future funding from foundations, and welcome donations. If you know people affected by Parkinson's disease, please let them know about these ongoing classes.

## HEALTH AND NUTRITION LECTURE

On Thursday  
December 4 from  
5:30-6:30 PM in  
Studio A, Alice  
Gray, former  
dancer with Oregon  
Ballet Theatre and current  
third year Medical student at  
Touro University, will speak with students in all  
levels. Topics will include:



- \*How to read nutrition labels
- \*Healthy eating for optimal performance
- \*Recognizing injuries
- \*Injury prevention

There will be time for questions, and Youth Company members will have rehearsal following the lecture.

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*Newsletter: Sarah Clagett, Artistic Director  
Susan Weber, Assistant Director  
Kai Yao To, Layout*